

Royal Avenue Tennis Centre High Performance & Junior Squads

Monday, Tuesday, Wednesday or Thursday 5.20 - 7.20pm

Technique - Strength & Conditioning - Drills

Matchplay - Footwork - Mental Toughness

Two hours of Training



Royal Avenue Tennis Centre, 30 Royal Ave, Sandringham

9598 1566 - 0417 054 901 - tim@mckimmtennis.com.au

mckimmtennis  **com.au**

P .T .O